



MusAbility

Additional information of services:

Download for settings.

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Who are MusAbility?

MusAbility is an independent limited company providing music therapy services to groups and individuals. Based in Liverpool, we provide services within the North-West region of England and North Wales. We work in schools, centres, hospitals, hospices, clinics and people's own homes. We are highly qualified MSc trained, HCPC registered and members of the British Association for Music Therapy (BAMT) with excellent standards of client-centred care.



All of our team are experienced in working with a variety of settings, and understand that no one mold fits all...we can work with your family, team or organisation to provide the most suitable program for you, whether this is specialist neurologic music therapy assessments, classic music therapy or community music.

MusAbility is led by our Director, Roz Whiteley, who is passionate about providing music therapy in

the North-West of England, spreading the word about how incredible music can be and leading the MusAbility team.

What Services Do We Offer?

At MusAbility, we have several different types of musical intervention – we aim to have a solution that's perfect for your setting.

Community Music-

For some people that we work with, therapy isn't needed or wanted...or maybe you are being discharged from music therapy and are looking for a musical alternative?



Community music is a fun, engaging and aims to get groups and individuals involved and making a noise! Community music can be suitable for larger groups who are less worried about aims and tracking outcomes, like in music therapy...but who love music and still want to have a good time! Some individuals will benefit from 1:1 music lessons, but have additional needs which makes accessing standard lessons more challenging...we can help with that.



Music Therapy -

Music therapy is a psychotherapy...a bit like counselling. The most obvious difference is that a counselling session might rely entirely on words. Music therapy doesn't have to involve a single one! Most importantly, our clients lead our sessions, and music therapy is a joint exploration of instruments, sensory and experiential work, songs and many other things! Aside from having a great

time, we want to help you reach your goals. These goals are different for everyone, therefore every session might be different! Some of our clients feel and act differently on every day of the week...that's OK too.

Music is a universal language...you can be from anywhere in the world, with any history, in any current situation. We can still reach you with music. Even just a breath is musical to us, and it's for this reason that we work with people of all ages, abilities and pathologies.

We work with other professionals, teachers, healthcare professionals and family members because you need to have the best possible support network. Our aim is to help you develop and grow as an individual or group.

Neurologic Music Therapy-

Neurologic Music Therapy (NMT) is a specialist service and clinical approach within music therapy. Where standard music therapy can be free-flowing, NMT is made up of standardised, research based clinical techniques, which create neurological change for clients. Consequently, as a clinical and precise approach, NMT can track measurable change in all neurological conditions. In short, it can support:

- Speech and Communication
- Emotional Well-being and Expression
- Motor Skills
- Cognition and learning

We provide full Neurologic Music Therapy assessments and ongoing NMT, and work alone or with full multi-disciplinary teams. These comprehensive assessments inform other health professionals in addition to revealing specific areas that need further input across domains, for instance.

Music Therapy and Neurologic Music Therapy Assessments-

We can provide full assessments in both music therapy and neurologic music therapy, which can support with providing a baseline, providing clear guidelines for a treatment program or home program, or guiding a school or multi-disciplinary team in recommendations for the future. They can also support settings where they are unsure that music therapy is suitable for a particular client – an assessment will provide the answer!



MATADOC Assessments-

The Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC) is a standardised diagnostic music-based measure validated for use with adults with disorders of consciousness (DOC). The MATADOC provides a rigorous assessment and evaluation for use with people whose awareness is difficult to assess clinically due to complex clinical presentations compromising motor, cognitive and communication functioning.

Pricing

Sessions are priced between £25-£80 per hour, depending on the type of musical intervention that you require, whether it is a fun music-making session (community music), or a more advanced Neurologic session. Please contact us to request a price list specific to your setting.